

STATE OF NEVADA
BOARD OF DISPENSING OPTICIANS

4790 Caughlin Pkwy #241 • Reno, NV 89519-0907
Telephone 775 / 433-1700 • Fax 775 / 433-1705
Email: info@nvopticians.org • Website: nvbdo.nv.gov

Application for Continuing Education Course Approval

Instructions: Complete and submit this form to the Board office at least 15 days before the regularly scheduled board meeting at which you would like your application reviewed. You must submit a course description for each course being offered. In addition to course descriptions, (see below), please submit to the board your course evaluation form, evidence of attendance form, and course brochures (if any).

Sponsoring Organization: Tamara Sternad Contact: [REDACTED]

Contact Address: [REDACTED]

Contact Telephone: [REDACTED]

Location/Address of Presentation(s): 141 Vassar St. Reno, NV 89502
class size will have to be limited to 15 people
due to size of venue.

Will these courses be open to all interested parties? Yes ☒ No ☐

Public contact info (how can interested parties obtain more information: e mail, phone, web site, etc.):

on optician's facebook page and word of mouth or
call eyeglass Repair 775-846-6979

Course Descriptions

(To be completed for each course; add additional pages as necessary)

Course Title: mastering frame adjustments and what tools to use

Course date(s)/time(s): March 15th 2026 5:00pm Course length: 1 hour

Number and type (SP or CL) of credits offered: SP Level (beg, inter, adv): beg-inter

Director name: Mike Grover Qualifications: Own a shop fixing eyeglasses
and Nevada Licensed optician
owner of eye glass repair

1. Course description (add additional pages, as necessary):

Course goal is to teach what tools work for
different adjustments, How to takeout and insert lenses
in frames correctly, How to successfully adjust all frames.
for different face types.

2. Instructional objectives:

To teach skills on how to repair and adjust spectacles
using methods taught in class

3. Teaching methods:

Hands on interactive with class participation